

SALEM CENTRAL CAFETERIA
FEBRUARY 2017 LUNCH MENU

Menu subject to change without notice.

Milk Choices:
 White: 1% & skim
 Chocolate: Non fat
 Strawberry Non Fat
 Lactaid Milk available

Student Prices:		
	Daily	Weekly
Full Pay:		
K-6	\$2.05	\$10.25
7-12	\$2.25	\$11.25
Reduced Milk	\$.25	\$1.25
	\$.55	\$2.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheese Lasagna with Garlic Rolls Tossed Salad Assorted Fruit	2 Chicken Patty on a Whole Grain Bun w/ Lettuce & Tomato Green Beans Assorted Fruits	3 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
6 Tomato Soup/WG Crax Toasted Cheese Sandwich Assorted Fruit	7 Beef Shepard's Pie Green Beans Assorted Fruit	8 Hamburger/WG Bun French Fries Lett, Tom, Onion Sliced Carrots Assorted Fruit	9 Fish Sandwich on a Whole Grain Bun with Tarter Sauce Steamed Broccoli Assorted Fruit	10 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
13 Popcorn Chicken Steamed W/G Rice, Peas and Carrots	14 Nacho Tuesday Lettuce, Tomato & Meat sauce Salsa & Steamed W/G Rice Assorted Fruit	15 Bar-B-Q Pork Sandwich on W/G Bun Peas and Carrots Assorted Fruit	16 Hot Tom Turkey Sandwich On W/G Bread Buttered Corn Assorted Fruits	17 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
20 No school	21 No school	22 No school	23 No school	24 No school
27 WG Pepperoni "Bosco Sticks" Steamed Broccoli Assorted Fruit	28 Hamburger/WG Bun French Fries Lett, Tom, Onion Steamed Carrots Assorted Fruit			

Hot Entrée listed
 (available on line #2)
 OR
 Deli Sandwich
 (choice of fruit, vegetable & milk)
 Garden Salad Bar
 (choice of fruit, grain & milk)
 Home Made Soup
 (choice of vegetable, fruit, grain &
 milk)
 A la carte items
 (available on line #1)

Parents: Applications for Free or
 Reduced meal benefits are
 available on the school web page
 or from the food service office or
 the front office. Call 854-6040,
 Ext. 140 or e-mail :
 spitts@salemcsd.org if you need
 help with the application or have
 any questions.